

Defensive Tactics and Pepper Spray

Hallsville Community Center

Sunday, November 29th, 2009 8:00 am – 4:00 pm

COURSE OVERVIEW

Pepper Spray has been used as an alternative to deadly force and a means to disable an attacker since the time of the ancient Samurai. Used properly by a trained person, this food product is an excellent option when a firearm is not available or appropriate. Pepper spray is not restricted in Missouri and can be purchased without a permit or special license. Like using any tool or defensive countermeasure, gaining training is an intelligent choice. Pepper is a logical choice for high school, collegiate, and professional women on campuses or in hospitals, businesses, and churches where firearms are still not allowed.

TOPICS – The following subjects will be covered in class:

- Justifiable & Legal Use of Force
- Situational Awareness
- How Attackers Select Victims
- Practical Defensive Tactics
- Facts and Myths of Pepper Spray
- Pressure Point Controls
- Disengaging from Chokes & Holds
- Combining Strikes and Kicks
- Body Mechanics
- Personal Safety Considerations

COURSE CONTENT

This course will teach you MUCH MORE than how to spray a can of pepper!

Here are some of the things we will practice and learn how to DO:

- Breath control, mindset, and awareness: all critical tools for prevailing in a fight
- Strikes and disengagement countermeasures using your elbows and knees
- The use of pressure points for control and disengagement
- Defense and release from chokes/strangles while standing and on the ground
- Drills on impact and strike bags (this is empowering and fun!)
- Participants will be given a new pepper spray projector at the end of class

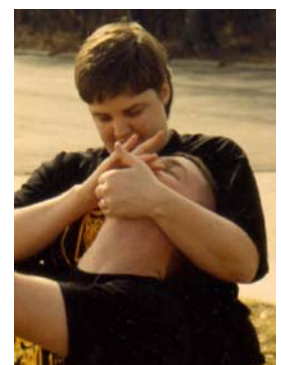
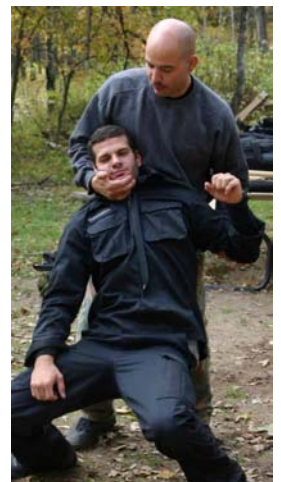
ENROLL IN CLASS

Course fee is \$150 payable to **Tactical Training Specialties** by check or money order. We accept registrations by e-mail. Send us your name, date of birth, mailing address, and home and cell phone numbers. For additional information please contact:



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View other available courses on our website:
www.tactical-specialties.com



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